

Breakfast



Served 8 - 10am



From the Buffet

Juices

Orange Juice
Talland Bay Apple Juice
Grapefruit
Cranberry

Something Light

Cornflakes, Bran Flakes
Muesli, Granola, Coco-Pops

Greek Yogurt Pots
Fresh Fruit Salad
Baked Pastries

Toasts'

Homemade Cottage Loaf, Granary
Marmalade, Strawberry Jam,
Nutella

Eggs

Egg's Benedict. Honey Roasted Ham
Egg's Royale. Smoked Salmon
Eggs' Florentine. Sautéed Spinach

Smashed Avocado

Sourdough ~ Tomato ~ Cornish Eggs

Scrambled Egg & Smoked Salmon

On toast?

Cornish Cooked Breakfast

Sausage, Bacon, Mushroom Tomato, Hogs Pud, Eggs

Porridge

Earl Grey Poached Prunes

Smoked Haddock

Cornish Poached Eggs

Roasted Ham & Davidstow Cheddar

For any allergen enquiries please ask your server, who will be happy to assist you.
Non Resident Breakfast—£22 per person



www.tallandbayhotel.co.uk | Reception: 01503 272 667
Got a question: info@tallandbayhotel.com
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